

**TEATRO**

Associazione  
e-venti culturali

**SAN MATERNO** ASCONA



Saturday 9 May, 11 am  
**DANCE AND NATURAL LANDSCAPE**  
CHF 10

## Germogli danzati

Compagnia Tiziana Arnaboldi with biologist Valerio Sala



*Walking performance*

Botanical Walk: Exploring Nature and Dance along the Left Bank of the Maggia in Solduno

Three dancers engage in dialogue with the natural landscape along the banks of the Maggia River in Solduno. Biologist Valerio Sala guides the audience's gaze, unveiling the site's botanical richness.

*Limited places available*

In collaborazione con



**RAIFFEISEN**



Meeting Point & Performance Start Location:

The performance begins at the large car park near *Ristorante Costa Azzurra* in Solduno.

Coordinates: 46.169088, 8.773452

Google Maps: <https://maps.google.com/?q=46.169088,8.773452>

The embankment of the Maggia River in Solduno is a magical and unique place: without expecting it, one finds oneself transported into a landscape of garrigue and Mediterranean scrub - only without the sea! This is a particularly protected area, highly exposed to the sun, with extremely poor soil (practically composed of sand and pebbles) and a microclimate marked by strong temperature differences between day and night, as well as significant fluctuations in moisture and water levels. In other words, one moves from extreme dryness to wet conditions.

Amid this wild environment stands the *female rockrose* (*Cistus salviifolius*), a striking botanical beauty with the intense fragrance typical of Mediterranean regions. Through a guided walk along the Maggia River, accompanied by a group of dancers and in an enchanting, almost untouched natural corner just a few steps from the town, participants will be swept away in a whirl of sensations: the prelude to a harmonious artistic creation inspired by the beauty of nature and the "spirit" of this special place.

*In collaboration with Festa danzante*

**FESTA  
DANZANTE**  
6 - 10/5/26

**Choreography:** Tiziana Arnaboldi

**Biology:** Valerio Sala

**Dancers:** Bianca Berger, Lisa Ferretti, Nuria Prazak

Tiziana Arnaboldi, **Choreographer - Dancer**

Tiziana Arnaboldi's creations have been acclaimed in Switzerland, Italy, France, Germany, Portugal, Spain, and Africa. Since October 2009, her company has been in residence at the Teatro San Materno in Ascona. She develops international project platforms and artistic events inspired by this Bauhaus-style venue, unique in Europe. She has received numerous awards, including the **2018 Swiss Dance Heritage Prize** from the Federal Office of Culture for the performance *Danza e Mistero*, a tribute to the sacred dancer Charlotte Bara.

### Bianca Berger

Bianca Berger is a dancer and choreographer based in Locarno. Her choreographic method draws inspiration from mathematics to compose movements, generate choreographies, explore abstract imaginaries, and develop reflections that bridge practice and theory. She holds a bachelor's degree in dance and Choreography from the Danish National School of Performing Arts in Copenhagen and a bachelor's degree in mathematics from the University of Bologna. Between 2022 and 2025, she presented the works *fermati*, *fermati al limite* and *Bi-tà at far° Festival* (Nyon), *Südpol* (Lucerne), *DAS* (Bologna), *Anteprima FIT* (Lugano), *Vetrina della giovane danza d'autore eXtra* (Ravenna), *Teatro San Materno* (Ascona), and *AabenLab* (Roskilde). With her new project *tamdom*, she was selected for PREMIO 2026. She has also participated in projects by Michele Rizzo, Parini Secondo, Tiziana Arnaboldi, Renan Martins, Matija Ferlin, Manon Siv, Samuel Feldhandler, and Jernej Bizjak.

### Lisa Ferretti

After earning a bachelor's and master's degree in philosophy, Lisa Ferretti has worked for several years in the cultural sector as a curator, editor, and programmer. She trained in contemporary dance, *Gaga*, *Butoh*, and *Meisner* technique, studying as a freelancer in Germany and the United States. She has performed in productions by Tiziana Arnaboldi, Riccardo Blumer, Sasha Waltz, Cora Mosel, and Johanna Rall. Alongside her dance practice, her artistic work extends to poetry and photography. She is also a teacher of somatic practices.

### Nuria Prazak

Nuria Prazak studied at the Accademia Teatro Dimitri in Verscio (Ticino) and trained in contemporary dance with Tiziana Arnaboldi, as well as in Copenhagen and Florence with choreographer Simona Bucci (Nikolais/Louis Technique). Since 2010, she has been a member of Tiziana Arnaboldi's company and has participated in various projects as a dancer and/or choreographer. Alongside her experience as a performer, Nuria has worked for several years as a teacher of theatre and dance. She currently leads a project integrating dance into schools in collaboration with the Juilliard School in New York and teaches young pre-professional dancers in the dance and study section of the Canton of Vaud.

### Valerio Sala, **Biologist**

Valerio Sala has a romantic vision of biology, deeply rooted in the local environment. He received his scientific training in the Canton of Ticino and in Zurich: after studying at Collegio Papio, he qualified to teach natural sciences and specialised in botany at the University of Zurich. From 1991 until his retirement in 2017, he taught biology at the Cantonal High School of Locarno, distinguishing himself through a territory-focused approach based on direct observation of nature. From 1993 to 2003, he served as Director of the Brissago Islands. Alongside his scientific and educational work, he has been active in public life for many years as a municipal councilor in Ascona, bringing environmental and cultural awareness to the heart of his commitment.

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## INFORMATIONS

Reservation +41 (0)79 646 16 14

Online: [www.teatrosanmaterno.ch](http://www.teatrosanmaterno.ch)

## Tickets

CHF 10.- (free entry AG Cultura holders, young people until 16 years old and journalists.)

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